



## Knowledge Through Sharing. It's That Simple.

Hello!

Welcome to the Oswego County Workforce New York's Monthly Newsletter. Our goal is to keep Oswego County job seekers in the know about current workforce initiatives, tips and tricks. For more information about our office visit our webpage at [www.ocwny.org](http://www.ocwny.org)

## Love Is In The Air

February is the month for *love*. Even though we don't usually associate the word *love* with looking for work, you'll be surprised how much a part of job seeking it is. Let's review some of the places where *love* is beneficial when looking for work:

- **Love Your Job** – If you've got a job but you're considering looking for a new one, you may want to reconsider. Many times, when switching jobs you end up taking a pay cut because you're starting over with a new employer and have no longevity. We sometimes get disappointed with our jobs because we're bored or frustrated and we think we need to find something new. Before you start job searching you may want to have a heart-to-heart talk with your boss. Can you take on new tasks? Could you swap job duties with a coworker or move to a whole new position within your company?
- **Love Yourself** – Employers want to hire confidence. When you feel good about yourself it's much easier to appear confident. Buy or borrow a new interview outfit that you love and feel comfortable in. Assess your skills and review all your positive traits so that you know what you have to offer an employer. Make sure your resume is top notch. Let our staff help you by typing or reviewing your resume. All of these areas can help give you confidence.
- **Love Your Family & Friends** – Looking for work can be an emotional experience, so it's crucial to have the support of your family and friends. Ask them to be your cheering section. Ask them to keep their ears and eyes open for job openings. Networking is still one of the best ways to find a job. When looking for work, you can use all the help you can get and what better place to get it from than your family and friends?
- **Love to Work** – Many job seekers are looking for work because they quit their last job in the hopes of finding something better. Before looking for your next job, take the time to assess your skills and research the type of work you'd like. You don't want to get a new position and decide you're not happy with it. You also don't want to be labeled as a job hopper. If given the chance, most people would love to be independently wealthy and never have to work another day. Unless you've hit the lottery, never having to work isn't very realistic. So, if you're going to have to work for 8, 10 or 12 hours a day, find something that you love to do.

Looking for work is a tough job! With a little *love*, it can be less traumatic. With *love*, we can maintain a positive attitude and job seeking with the right attitude is important. If you need help with your job search, stop into the Oswego County Workforce New York Career Center – we'd **LOVE** to help you!!

## Keep Your Career on Track No Matter How Busy You Get

When your job gets busy, you may feel tempted to put your career planning on the back burner for a while. Resist the urge. Here's how to keep your career front and center even when you're distracted by the demands of your job:

- **Continue stepping up.** You've succeeded so far because you've actively sought out interesting and important projects. Keep taking them on as much as your schedule allows. You'll accomplish more for your organization and yourself.
- **Keep learning.** Look for development activities wherever you are. These can include reading, peer discussion groups, webinars, and being mentored and coached.
- **Live your life.** Carve out time for your family and friends in advance so you've committed yourself. Ideally, you'll refresh and recharge; at a minimum, you'll have a non-work topic to discuss when you're back on the job

## Job Search Assistance

[Weaknesses for Job Interviews: 10 Example Answers](#)

[Common Interview Questions and How to Answer Them](#)

Practice Job Application Tool

Search for Jobs on the NYS Job Bank!

Upcoming Events!

# Mini Job Fair

200 North Second Street  
Fulton, NY 13069

**February 4, 2025**  
**11am-1pm**

**Businesses Attending**  
**Arise**  
**United Auto Supply**  
**Pathfinder Bank**  
**MacKenzie Childs**  
**Oswego Health**  
**Camp Bristol Summer Camp**

For more information call (315) 591-9000



Oswego County Workforce New York is an equal opportunity employer/program. Auxiliary aids are available upon request to individuals with disabilities TTY (315) 591-9247.

## Business Snapshot!

**Business Snapshot!**

**little Lukes**  
Preschool and Childcare Center

**What We Do:** "Where love meets learning!" Little Lukes is not a typical childcare center. We are a NYS Approved Early Childhood Educational Institution. What does that mean? When a child attends our daycare, they are also attending a preschool educational program. But our amazing qualities don't stop there - we are also an inclusion preschool, teaching both typically developing children and special needs children alongside each other. Every day is an adventure at Little Lukes. We make sure our little explorers have a blast while learning and growing. Each classroom comes stocked with books, stuffed animals, craft supplies, sensory bins, gross motor toys, and more. Whether the child is learning to read, write, or count our NY Certified Teachers and Therapists are experienced in leading age appropriate learning adventures.

**Employee Quote:** "I have worked at Little Lukes for 12 years. When I first started, I was paired with a supervisor who offered me support and advice when I was going through my Clinical Fellowship (CF) year and continued to be there for me even after I got my C's. Now that I am a supervisor, I also strive to be available, supportive and understanding for my team members who are now going through their CF Year. This job has given me the opportunity to follow my passion for helping children and new Speech Language Pathologists (SLP's), while also being flexible enough to be able to work around my husband's work schedule. As a mom of two young children, it's important to me to be better with them as much as possible. I love this job because it allows SLP's to practice speech therapy in a wide variety of environments while doing both therapy and evaluations and still maintaining work/life balance." - Kersten, Little Lukes SLP CCC

**Current Openings:** Special Education Teachers, Speech Language Pathologists, and more for the brand new location opening in Palisadi, NY. Apply today by mailing your resume to [info@littluluk.com](mailto:info@littluluk.com)

**Benefits:** Little Lukes offers a comprehensive benefits package including, industry leading salaries, participation in student loan forgiveness program, employee childcare, and more. For a full list of benefits visit <https://www.littluluk.com/benefits>.

**To Apply Visit:**  
[www.littluluk.com](http://www.littluluk.com) or scan the QR code below

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01/02/2025

# Business Snapshot!



**What We Do:** Welcome to Oswego Industries and Arc of Oswego County, where we are dedicated to fostering growth, independence, and opportunity. Oswego Industries, Inc. and Arc of Oswego County, are nonprofit organizations dedicated to providing services to individuals with disabilities. We provide comprehensive programs and collaborative business services tailored to meet diverse needs. Our commitment extends beyond providing solutions; we strive to empower individuals and enhance communities through dedicated support and strategic partnerships.

**To Apply Visit:**  
[www.oswegoindustriesinc.org](http://www.oswegoindustriesinc.org)  
[www.arcoswegocounty.org](http://www.arcoswegocounty.org)  
or scan the QR code below

**Employee Quote:** "I do what I do, at OI and Arc of Oswego County, because of the people we serve. It is such rewarding work."

**Current Openings:**  
Part Time Direct Support Professional  
Direct Support Professional  
Employment Service Specialist  
Senior Staff Accountant



**Benefits:** Life Insurance, Health Insurance, Vision and Dental, STD, LTD, Accident Insurance, Hospital Indemnity, Flex Spending Account, Leave Sharing, PTO, Holiday pay, 409(b), Employee Discounts, PFL



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# Business Snapshot!



**What We Do:** Direct hire staffing with a core focus in skilled trades and all forms of manufacturing!

**For more information visit:**  
<https://tradeupcareers.com>  
or scan the QR code below

**Employee Quote:** "It was a very good experience; the communication was awesome. It was a real easy transition, and I was informed with every step. Thank you."

**Current Openings:** Assemblers, CNC Machinists, Financial Controller, Paper Press Operators, Pest Control Technician, Animal Care Technicians, Diesel Technicians, and more!



**How to Apply:** Send a resume to [jmcCarthy@tradeupllc.com](mailto:jmcCarthy@tradeupllc.com) or call/text Jessica at 315-398-8764



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# Business Snapshot!



**What We Do:** At Helio Health, we take a comprehensive approach to recovery. One that's equal parts clinical and caring, progressive and person-centric, respectful and realistic. An approach that strips away the chains of addiction and mental illness so that, together, you and your family can begin a new life of hope and healing.

**To Apply Visit:**  
[www.helio.health/](http://www.helio.health/) or scan the QR code below

**Employee Quote:** "I work at Helio Health, and I continue to work at Helio Health because I really feel supported in my direct work day to day and really see the impact it has on our patients." – Mary DiGiovanna, Clinic Director

**Current Openings:** Case Managers

**QR Code to application**

- Benefits:**
- Health Insurance including dental and vision for employees and families.
  - Paid Vacation and Sick leave - No Waiting Period for accruals.
  - Paid holidays, including a floating birthday holiday.
  - 401(k) plan with up to 5% company match.
  - Company paid short-term disability insurance.



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# Business Snapshot!



## ARISE

**What We Do:** Our mission is to work with people of all abilities to create a fair and just community in which everyone can fully participate. As an Independent Living Center (ILC), ARISE promotes the full inclusion of people with disabilities in the community.

**Employee Quote:** "ARISE has supportive and understanding management. There is a great work life balance and flexibility within the job. There is also good compensation and great benefits."

**Current Openings:** DSP, Community Habilitation, Job Coach

**Benefits:** We have competitively priced insurance benefits (medical, dental, and vision) for qualifying positions, retirement plan, various other benefits including Summer Hours and paid holidays for qualifying positions.

**To Apply Visit:**  
[www.ariseinc.org](http://www.ariseinc.org) or  
 scan the QR code  
 below



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## Oswego County Workforce New York Resources



### Scholarship Program

Oswego County Workforce New York has scholarship opportunities for qualifying customers who need assistance paying for educational and training programs.

#### The Scholarship Application

- **Review of your current employment status, skills, and education**  
Do you already possess a marketable skill or do you need to upgrade your skills or learn something new to be more employable?
- **Market research analysis**  
Is there a demand in the field you want to train in? What are the requirements to get into the field? How much money will you make?
- **Acceptance Criteria of the school**  
Completing their application process, entrance exams, etc. (Graduation must be within 2 years.)

Meet with staff to discuss your individual circumstances

- **Coordination of funding sources**  
Scholarships can be several thousand dollars, pending availability and eligibility.

For this appointment, please bring your job search record (if unemployed), a resume, and any school information you may have, if available. If you do not have these items, you can still make an appointment.

#### Oswego County Workforce New York Career Center

For an appointment call (315) 591-9000 or email [ocwny@oswegocounty.com](mailto:ocwny@oswegocounty.com)



School/Training Provider must be on the Oswego County Eligible Training Provider List. Oswego County Workforce New York is an equal opportunity employer/program. Auxiliary aids are available upon request to individuals with disabilities. TTY (315) 591-9247

[www.ocwny.org](http://www.ocwny.org)

## Tax Preparation Assistance Available

### Avoid Fees – Let us file your taxes for free!

Federal and State Returns Prepared from February to April



FREE IRS-CERTIFIED VOLUNTEER INCOME TAX PREPARATION

#### An Appointment is required

Call 315-596-2551; Leave a message with your name and phone number.

Your message will be returned within 24 hours. See \* below.

- Tuesdays 4:30pm – 7:30pm: Fulton  
200 North 2<sup>nd</sup> Street, 2/4 – 4/8, EXCEPT 3/18
- Saturdays 10am – 4pm: Oswego  
221 Rich Hill, 2/1 – 4/12, EXCEPT 3/15 & 3/22

FOR MORE INFORMATION: 315-596-2551 | [bapsi@oswego.edu](mailto:bapsi@oswego.edu)

**\*We will begin answering messages and making appointments Monday January 20, 2025 for the season.\***

Taxpayers should bring last year's return, W-2 forms, 1099 forms, and other pertinent tax paperwork to the VITA site. Taxpayers will be required to show identification (including a New York State ID if applicable).

## Oswego County AARP Tax Aide program offered starting Feb. 4

OSWEGO COUNTY — Sponsored by AARP, the Oswego County Volunteer Tax Aide program offers free counseling, preparation, and e-filing of taxes for residents of Oswego County, regardless of age or income, with special emphasis for those 60 and older.

Preparations of 2024 federal and state taxes will begin Feb. 4 in Oswego at the McCrobie Civic Center, located at 41 Lake St., and continue every Tuesday until April 15.

In Fulton, preparations will begin Feb. 5 at the Fulton Municipal Building, located at 141 S First St., and continue every Wednesday until April 9.

The hours will be 9 a.m. until 3 p.m. at both sites.

Service is by appointment only.

Beginning Jan. 20, taxpayers may call 315-320-6140 to schedule an appointment at either site. You must leave your name and telephone number for a tax aide volunteer to call you back to set up the appointment. Prior to your arrival, a new taxpayer intake pamphlet needs to be filled out. Intake pamphlets can be found at the libraries in Oswego, Fulton, and Phoenix, and at the tax preparation sites.

If you have more than one tax return to be prepared, let the tax aide volunteer know when scheduling your appointment. Make sure you bring your Social Security card and a picture ID to your scheduled appointment along with other pertinent information listed on the intake pamphlet.

In coordination with the IRS, AARP volunteer tax aides receive annual mandatory training and are required to be certified each tax season. Training includes current federal and state tax laws, specific to personal tax returns and those provisions of the tax code that affect older people. For more information on the program, visit [www.aarpfoundation.org/taxaide](http://www.aarpfoundation.org/taxaide).

## Who we are



## Did You Know?

**Did you know...** that Oswego County's average unemployment rate for December 2024 was 4.2%? This was an increase from the November 2024 rate of 3.8%.

**Did you know...** that many job skills are transferable? Our staff can help you to decide what to emphasize when exploring career opportunities in your organization or elsewhere.

**Did you know...** that you should prepare for an interview by researching the company? By doing some research ahead of time, you'll be better prepared and able to ask questions about the company.

**Did you know...** that you should have different versions of your resume if you're looking for work in more than one field? Update and customize your resume for each new position.

To see our most recent events and recruitments follow us on Social Media!



**Facebook-** Oswego County Workforce NY, Oswego County YouthWorks (Ages 16-24)

**X-** Oswego County Workforce New York

**Instagram-** ocwny13069

**LinkedIn-** Oswego County Workforce New York



Please call or see the front desk attendant for more information.

Local employers need YOU to help fill job openings in the following occupations: Transportation, Health Care, & Manufacturing/Trades  
If you're interested in training or a scholarship, see your Employment Specialist or call us at 315-591-9000.

**Oswego County  
Workforce New York**

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